



# FIG AEROBIC AGE GROUP PAIRS VIRTUAL COMPETITION



In conjunction with the  
UNITED THROUGH SPORTS (UTS) VIRTUAL YOUTH FESTIVAL 2020 &  
UNITED NATIONS' WORLD CHILDREN'S DAY

## DIRECTIVES

**EVENT ID: 16607**

Dear FIG Affiliated Member Federation,

The Fédération Internationale de Gymnastique has the pleasure to invite all FIG member Federations to participate in the aforementioned official FIG AEROBICS AGE GROUP PAIRS VIRTUAL COMPETITION.

The top pairs from this competition will be invited to participate in the UNITED THROUGH SPORTS (UTS) VIRTUAL YOUTH FESTIVAL 2020 finals to be held on the UNITED NATIONS' WORLD CHILDREN'S DAY.

<b>FIG</b>	<b>Fédération Internationale de Gymnastique (FIG)</b> Contact Person: Alexandre Cola Avenue de la Gare 12A 1003 Lausanne Switzerland Phone: +41 21 321 55 10 / Direct +41 21 321 55 18 E-mail: <a href="mailto:acola@fig-gymnastics.org">acola@fig-gymnastics.org</a> Website: <a href="https://www.gymnastics.sport/">https://www.gymnastics.sport/</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Fédération Internationale de Gymnastique (FIG)</b> Contact Person: Alexandre Cola Avenue de la Gare 12A 1003 Lausanne Switzerland
<b>DATE</b>	October to 22 November 2020
<b>PROVISIONAL SCHEDULE</b>	<b>15 October 2020 by 12:00 Swiss time</b> Deadline for federations to register ( <b>only from the National Federation</b> ): Gymnasts registration: <a href="https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-Gymnasts-nominative-registration_f2.html">https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-Gymnasts-nominative-registration_f2.html</a>  Judges' registration ( <b>only from the National Federation</b> ): <a href="https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-Judges-nominative-registration_f3.html">https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-Judges-nominative-registration_f3.html</a>  <b>26 October 2020 by 12:00 Swiss time</b> Deadline to submit their videos and music form to FIG. <a href="https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-video-upload-and-music-form_f1.html">https://www.fig-aerobic.com/forms/AER-AGE-GROUP-VIRTUAL-COMPETITION-video-upload-and-music-form_f1.html</a>  FIG Competition: <b>27-28 October 2020</b> FIG brevet judges evaluate routines and rank the top gymnasts for the FIG competition. <b>Every gymnast will receive a certificate of participation and the top three in each age group will be honoured on the FIG website and receive a diploma as well.</b>  UTS Competition: <i>Based upon the results and ages of the members of the pairs, the FIG will send the videos and enter the top gymnasts in the UNITED THROUGH SPORTS (UTS) VIRTUAL</i>

	<p><i>YOUTH FESTIVAL 2020 corresponding to the ages of the UTS event.</i></p> <p><b>30 October 2020</b> FIG deadline to submit the top gymnasts' names, videos and consent forms to UTS for participation in the Finals held on the United Nations' World Children's Day.</p> <p><b>20 – 22 November 2020</b> Finals competitions judged by UTS judges with awards to follow by post. Use of video submission or live feed virtual performance may be possible.</p>
<b>AGE GROUPS</b>	<p><b>For FIG Competition:</b> Age Group 1- Ages 12-14: Mixed Pairs, Male/Male or Female/Female Age Group 2- Ages 15-17: Mixed Pairs only</p> <p><b>For the UTS competition:</b> Under 14 years old (12-13 years old): Mixed Pairs, Male/Male or Female/Female Under 16 years old (12-15 years old): Mixed Pairs Under 18 years old (12-17 years old): Mixed Pairs</p>
<b>TIME OF EXERCISE</b>	By FIG Code of Points, World Age Group Regulations
<b>APPARATUS</b>	The use of any kind of surface is accepted: normal gym floor, carpet floor, etc., as well as the AER Competition floor.
<b>APPAREL</b>	<p>The competition apparel may under no circumstances hinder the athlete in their performance and execution and guarantee that all movements can be executed in perfect safety.</p> <p>The traditional FIG Aerobic competition attire is NOT requested and not recommended for this competition. Gymnasts may choose a theme or represent their national identity.</p> <p>The use of a costume with shorts, <math>\frac{3}{4}</math> pants, t-shirts, sweats, etc is permitted.</p> <p>Shoes or bare feet are allowed.</p> <p>Loose items (jewelry, necklace, chains, sticks, hats, props, etc.) are not permitted.</p> <p><b>No dress code deductions will be taken except for any loose items as mentioned above.</b></p> <p>Note: The Finals of the UTS competition will give points for creative costume and creativity of choreography, so it is advised to consider this in your apparel and performance should you advance to that competition.</p>
<b>COMPETITION FORMAT</b>	<p>The competition consists Aerobic age-group pairs. Gymnasts will submit a routine video that complies with FIG age-group competition rules and the 2017-2021 Code of Points. The video will be judged by FIG judges and a ranking will be created for each age category.</p> <p><b>Video Submission Rules:</b></p> <ul style="list-style-type: none"> <li>• All videos submitted become the non-exclusive property of FIG (shared with national federation) and UTS</li> <li>• A choreographed sequence to the team's chosen music</li> <li>• Routine choreography must demonstrate fitness components</li> <li>• The video should be recorded with a microphone (you can also use an integrated microphone on your mobile phone device) to capture the music as well as visual choreography (loud enough to hear the music without background noise)</li> <li>• The video should be recorded with good lighting and both team members lit from the front, please avoid back lighting</li> <li>• A tripod or Steadicam could be used for videotaping (optional)</li> <li>• Pairs cannot submit any choreography that has any additional effects, speed changes, motion editing etc. The videos must be naturally recorded and not enhanced digitally in any way.</li> <li>• One video submission per routine</li> <li>• In case of multiple sending of videos for the same pair, the last uploaded one will be taken into consideration</li> </ul>

- **The upload may take some time, please wait for the confirmation page to show on your browser before closing the page**
- A confirmation email will be sent if the video submission has been done and uploaded correctly (please check your spam box also).

**Video Technical Requirements (see also Appendix 1):**

- Video format (MPEG-4, MOV)
- Video codec (H.264/MPEG-4 AVC)
- Video resolution (from 1280x720 to 1920x1080)
- Frame rate: 30 or 60 fps
- Screen ratio: (16:9)
- Video orientation: Landscape (Horizontal) Size (up to 200 MB)
- Most phones now have great filming capability

**Music Rights:**

Each National Gymnastics Federation will also have to confirm that the music of their pair(s) does not violate any copyrights and that it can be broadcasted within sports. This confirmation will have to be made at the time of the email Registration. Each National Gymnastics Federation will also be requested to inform the FIG regarding the composer, the title of the music, the artist / interpreter and if words / voice are used.

**Video Eligibility:**

The FIG reserves the right to determine which videos are eligible for entry in the competition. Some items that could lead to video exclusion:

- 1) Non-respect of the Advertising Rules mentioned in this document,
- 2) any explicit lyrics/words in the music or background audio of the video,
- 3) Video background that violates good manners, ethical and moral social principles of our society, e.g. advertising which is glorifying violence, racial, religious, political or sexism,
- 4) Apparel non-conforming to decency and modesty,
- 5) Any representation considered to be detrimental to the image of the FIG, etc.

**ADVERTISING RULES**

**No advertising of any kind must appear in the videos, otherwise they will not be accepted.**

This is primarily in relation to the venue. Product placement is also not permitted. Product placement is a form of advertising in which branded goods or services are featured in a video, potentially held, shown or spoken about by an athlete. This includes event banners with sponsors that could be in the background. The venue name and/or logo is permitted.

**Apparel Advertising: Gymnasts may NOT display their sponsor(s) on their competition clothes.**

The competition apparel may not show any text, symbols and drawings featuring themes of war, violence, religion, politics, alcohol, sex and drugs or any other offensive subject. Jewelry should not hinder the athlete's performance or be unsafe.

A manufacturer's logo may appear on apparel. The following rules apply:

- The dimensions of the logos should be the same as those identifying the goods for retail sale and cannot be larger than 30 square cm.
- The logo normally used as a registered trademark can be shown and in the colours and normal placement in the retail trade.
- Only one trademark (logo) on each piece of clothing is permitted.

Special manufacturers designs used differently than a trademark or logo on the competition attire as an integral part of the apparel must be approved by the FIG prior to the competition. Any athlete questions' regarding the advertising or manufacturer logo rules should be addressed to FIG.

National Identification: Gymnasts are not requested to show an identification of their

	country (Country name / identification or flag).	
<b>JUDGING CRITERIA</b>	FIG Code of Points with special emphasis on Appendix V (World Age Group Competition Rules) and FIG Technical Regulations Section 6 ART. 3.3 Tie Breaking Rules. No inquiries will be permitted. No line deductions will be applied.	
<b>FEDERATIONS INVITED TO PARTICIPATE</b>	The FIG invites all Member Federations in good standing (regardless of whether Aerobics has been designated as a registered discipline). The federations may only enter gymnasts with valid active <u>FIG licenses through 22 November 2020</u> . Note: All new licenses purchased or renewed in 2020 will be extended an extra year. <b>There is no entry fee for this competition, nor a limit in the number of pairs from a federation.</b>	
<b>FINANCIAL OBLIGATIONS</b>	Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in this event.	
<b>FIG JUDGES' PANEL</b>	Each Judges' Panel (evaluating through a virtual medium) consists of: 4 A-Jury, 4 E-Jury, 2-D-Jury and 1-CJP (will also keep the time) No Line judges will be used Federation will have the opportunity to nominate judges (maximum 2). Please use the judges' excel registration form to be found on the events' file, on the FIG webpage. Deadline to submit the judges' registration: <b>15 October 2020</b> The selection will be based upon the judges' category, examination results and experience.	
<b>LIABILITY</b>	The FIG and UTS will not be held responsible for any liabilities in case of accidents or injuries. Each athlete is responsible for the necessary valid insurance coverage against accidents.	
<b>TELEVISION/ SOCIAL MEDIA</b>	Each participating Federation will have access and use of videos from their own gymnasts on a non-exclusive basis.	
<b>SOCIAL NETWORKS</b>	FIG website, Facebook and Instagram pages. National Federations are strongly recommended to use the details in their social media pages.	
<b>SCORING and RESULTS</b>	The FIG will provide scoring and results.	
<b>RULES AND REGULATIONS</b>	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> <li>• 2017-2021 AER Code of Points</li> <li>• 2017-2021 Technical Regulations Section 6 ART. 3.3 Tie Breaking Rules.</li> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Licenses Rules</li> </ul> and subsequent decisions of the FIG Executive Committee	
<b>DEADLINES SUMMARY</b>	Gymnasts Nominative Registration	15 October 2020
	Judges Nominative Registration	15 October 2020
	Deadline for Gymnasts to submit their videos to FIG	26 October 2020
	FIG brevet judges evaluate routines and rank the top gymnasts	27-28 October 2020

Enclosed: appendix 1 - General Competition Filming Guidelines

Sincerely Yours,

Lausanne, October 2<sup>nd</sup> 2020



Nicolas Buompane  
Secretary General of the FIG

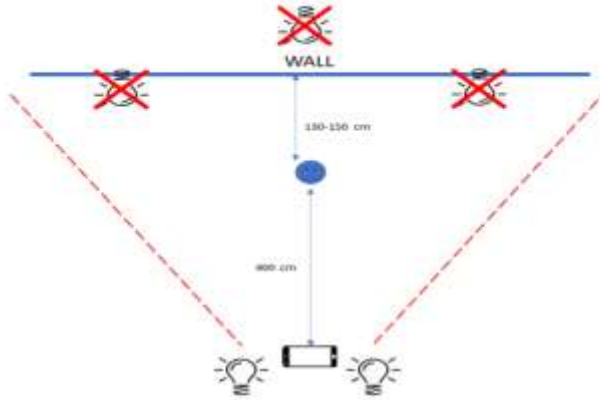
## **Appendix 1:**

### General Competition Filming Guidelines

It is important that all youth participants' follow the guidelines given when setting up their cameras, phones or recording devices for the competition, so that judges can view each competitor in a standardized view, frame, lighting and angle. This framing applies to all competitions.

1. Camera devices must be set up and remain in a static position (no movement or panning is permitted).
2. Measuring from a wall, the camera should be positioned maximum 400 cm from the wall.
3. Competitors should stand between 130 - 150 cm from the wall.
4. The camera device must be positioned in LANDSCAPE.
5. Be sure to mark the boundary limits on either side, so a competitor will know when they are out of the frame. For example, a competitor can use duct tape to mark their frame as shown in the video example.
6. Ensure light source is coming from the camera side (no backlighting)
7. For competitions which are competed LIVE online, you will be asked to mark your center position and frame boundaries when you enter the virtual arena. Please make sure you have tape ready to mark the floor.

**Ideal positioning and lighting**



**Ideal framing in Landscape view  
Subject is positioned at center  
of the frame**



**Subject is positioned too far back**



**Subject positioned too close**



**Please do NOT use portrait view (vertical)**

