

News

News

Algarve International Gym and Fitness Festival

Gymnastics · Fitness

No. 1



www.gympor.com

November 2007

10 - 13. April 2008



algarve

The spirit of the World Gymnaestrada stays alive in Portugal



Who can participate?

Anyone can participate in our Gym Festival. All gymnasts of all ages from Clubs, Academies, Schools, Universities and Municipalities are welcome to enjoy a good time in the south of Portugal, the Algarve.

If your group is active in dance, acrobatics, trampoline, aerobic, gym apparatus, jazz dance, folklore, rhythmic, aesthetic, hip-hop, fitness or any other general gymnastic way, you can participate in our Algarve International Gym Festival / General Gymnastics.

The registration in the Fitness Workshops is individual and is open to anyone.

The Gymnastics Federation of Portugal invites all interested in these activities to join us in the beautiful cities of East Algarve.

Performance / Exhibitions

Each group will have the opportunity to perform at least twice maximum 10 minutes each. Different presentations or performing always the same is accepted.

Some presentations will be selected by the organizing committee to perform (máx. 4 minutes) at the Gala Show. The performances will take place in Olhão, Tavira and Vila Real de Santo António.



At this festival we will have the first **"Portugal - Gym For Life"** following the FIG Gym for All guidelines.

east algarve 1
your new destination.

Patrocinadores:



Festival Internacional do Algarve 2008

Gymnastics · Fitness



www.gympor.com



Program

The Algarve International Gym Festival 2008 program includes:

- Opening Ceremony;
- Festival Parade;
- City performance;
- East Algarve Gala Show;
- Masterclasses
 - Hip-Hop
 - Hidrofit
 - Latin Power
 - Rhythms
 - Step
 - Pilates
 - Yoga
 - Tai-chi
 - Workout
- Workshops
 - Salsa
 - Kizomba
 - Ladie's Styling
 - Men's Styling
 - Oriental Dances
 - Healthy Nutrition
- Exhibition fair;
- Social activities and
- Closing Party



A happy time

All participants are gathering together to have a good time. The accommodation facilities and the presentation areas are very close to the beach.

Algarve is known for its sunshine and warm weather all year



How to register?

Simple! To register, individual or group, you have to fill the Registration Form included in this flyer, and send it to the Gymnastics Federation of Portugal by Fax, letter or e-mail gympor@gympor.com.

Please, don't forget to fill in your identification and contact info, so we can keep you updated!

Arrivals: April, 10th
Departure: April, 13th (late afternoon)

For further information about the schedule go to www.gympor.com

Accommodation

The participants will be accommodated at 3 and 4 star Hotels.

With the special support of local authorities, it is possible to include the hotel price in the participant fee at a very low rate. The accommodation is made in double rooms. Occasionally, it may have other kind of accommodation (apartments), but information must be requested to the organizing committee.

Transports

Each participant is responsible for his traveling. Groups traveling by plane must arrive at Faro airport. A transfer system will be available for a reasonable price. Groups traveling by bus must head for the OC Office at Tavira Sports Hall.

Transports between Hotels and presentation areas are included in the participant card and in the registration in the fitness convention.

Costs

The Participation Card includes:				
Participation and master classes *				
Final Lunch				
Official Pin (gift)				
Transfer between Hotel - Pavillion - Hotel				
* Except Hidro Master Classes.				
3 nights	Hotels	Cost	Single Supplement per night	Extra night(s)
Without accommodation		€ 30,00	-	-
Participation Card	3 ****	€ 70,00	€ 15,00	€ 22,00
+ Accommodation	4 ****	€ 80,00	€ 15,00	€ 25,00
	4 **** sup.	€ 95,00	€ 20,00	€ 29,00
Masters Hidro		€ 35,00		
Workshops		€ 10,00		
Group Transfer (15 pax minimum) from and to Faro Airport		€ 12,00 / pax		

Registration Form

Algarve International GYM Festival 2008

10 - 13. April 2008



Club Name

Club Address

Postal Code City

Country Telephone

Fax

Group Name

Coach Name

Telephone Email

Travel Details:

Arrival:

Day -

Time :

Flight

or BUS

Departure:

Day -

Time :

Flight

or BUS

Payments:	Cost	No. of Participants	Sub-Total
Participation Card without Accommodation	30,00 €	x _____	= _____ Sub-Total _____
Participation Card + Accommodation (IN 10.April and OUT 13.April)	Hotel 3 *** - 72,00 € Hotel 4 **** - 80,00 € Hotel 4 **** sup - 95,00 €	x _____ x _____ x _____	= _____ = _____ = _____ Sub-Total _____
Single Supplement per night	Hotel 3 *** - 15,00 € Hotel 4 **** - 15,00 € Hotel 4 **** sup - 20,00 €	x _____ x _____ x _____	= _____ = _____ = _____ Sub-Total _____
Extra Night(s)	Hotel 3 *** - 22,00 € Hotel 4 **** - 25,00 € Hotel 4 **** sup - 29,00 €	x _____ x _____ x _____	= _____ = _____ = _____ Sub-Total _____
Group transfer FROM and TO to Faro Airport (15 pax minimum)	12,00 € / pax	x _____	= _____ Sub-Total _____

Send by Fax, letter or e-mail to:
Federação de Ginástica de Portugal
 Estrada da Luz n.º 30 A . 1600-159 Lisboa - Portugal
 Telephone: + 351 21 814 11 45 . Fax: + 351 21 814 29 50
 E-mail: gympor@gympor.com . Site: www.gympor.com

TOTAL TO PAY _____

For Bank Transfer Payments:
NIB 001800002850614500140
IBAN PT50001800002580614500140
BIC/SWIFT TOTAPTPL